

Kewaunee County Mental Health & Crisis Prevention Resource Guide



Compiled and Distributed by the
Kewaunee County Public Health Department

Dated: May, 2019

Disclaimer:

This list was compiled as a collaborative effort by several individuals invested in the mental health of Kewaunee County citizens. It may not be all-inclusive or completely accurate. Kewaunee County accepts no liability for the consequences of any actions taken on the basis of the information listed in this resource guide. The user assumes the risk related to the use of any of this information.

Important Emergency Numbers

Fire, Police, Sheriff's Department or Rescue/Ambulance	Dial 9-1-1
Kewaunee County Crisis (24/7)	920-255-1645
Poison Control Center	1-800-222-1222

Important Non-Emergency Numbers

Information and Referral Information	Dial 2-1-1
Kewaunee County Sheriff's Department	920-388-3100
City of Kewaunee Police Department	920-388-5010
City of Kewaunee Fire Department	920-388-5006
Kewaunee Area Ambulance	920-388-5000
City of Algoma Police Department	920-487-3311
City of Algoma Fire and Rescue	920-487-2712
Luxemburg Police Department	920-845-5381
Luxemburg Fire and Rescue	920-845-5621
Nurse Direct 24/7	1-877-746-0003
Text "HOPELINE"	741741

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School Resources:

Luxemburg School District

Katie Lawrence—School Psychologist	920-845-5549 x503
Luxemburg– Casco Primary School	
Jennifer Koch—School Counselor	920-845-2315 x204
Luxemburg-Casco Intermediate School	
Danielle Garceau—School Counselor	920-845-2371 x106
Luxemburg– Casco Middle School	
Jessica Hoiska—School Counselor	920-837-2205 x303
Brittini Wiskes—School Counselor	920-837-2205 x303
Luxemburg-Casco High School Counseling Department	
Peter Geissler—School Counselor (Last names A-L)	920-845-2336 x404
Christina Romatowski—School Counselor (Last names M-Z)	920-845-2336 x405
Luxemburg-Casco School District	
Tara Zeal—Director of Student Services & Special Education	920-845-5549 x504

Kewaunee School District

Kewaunee Elementary/Middle School	920-388-2458
Beth Wiltman—School Psychologist	
Casey Kudick— School Counselor (Pre-K –8)	
Kewaunee High School	920-388-2951
Steve Meyer—School Counselor	
Beth Wiltman—School Psychologist	

Algoma School District

Algoma Elementary School	
Hayley Vaske—School Psychologist	920-487-7001 x1228
Angela Kinjerski—School Counselor	920-487-7001 x1212
Algoma Middle/High School	
Kasie Holloway—School Counselor	920-487-7001 x2306

Children's Mental Health

Kewaunee County Behavioral Health Unit
810 Lincoln Street
Kewaunee, WI 54216
920-388-7030
920-255-1645 (24/7) - Crisis

Services Provided: Outpatient individual, family, and group counseling for persons experiencing problems with mental health issues and substance abuse issues. The agency also provides 24-hour crisis intervention services, community support programming for persons with persistent and severe mental illness, assessment and treatment services for intoxicated drivers, psychological and psychiatric evaluations and medication management. In addition, the agency contracts for inpatient mental health services, detoxification services and residential substance abuse treatment services. All of the agency's behavioral health services are state certified under the provisions of the administrative codes of the Wisconsin Department of Health and Family Services.

Payment: Private insurance, Medicaid and Medicare. Services offered on a sliding fee scale for those without health insurance which is based on family size and income.

Children and Families Unit
Kewaunee County Department of Human Services
810 Lincoln Street
Kewaunee, WI 54216
920-388-7030

This unit receives and investigates reports of abuse and neglect and maltreatment of children between the ages of 0 and 18. When appropriate, the unit provides court ordered and non-court ordered services to families where abuse and neglect have occurred. It has the responsibility for the recruitment and licensing of foster homes within Kewaunee County and provides out-of-home care, primarily foster home and kinship care (living with a relative) when necessary.

The juvenile justice unit receives reports, from law enforcement officers throughout the county, of law violations committed by juveniles who have not obtained the 17th birthday. Unit members prepare reports for the District Attorney's Office and the Juvenile Court as to how to help these juveniles become law-abiding members of society. Services are provided to these juveniles and their families as determined appropriate by the Juvenile Court.

Bay Counseling Clinic, LLP
50 South Madison Avenue, Suite 3
Sturgeon Bay, WI 54235
920-743-4428
www.baycounseling.net
baycounseling@gmail.com

WI Site certified clinic committed to providing confidential, professional, and affordable counseling services.

Services Provided: Individual and Family Psychotherapy (Focus on Cognitive-Behavioral Therapy) for a variety of issues: anxiety disorders, depression/mood disorders, childhood/behavioral issues, adjustment disorders, self-harm, eating disorders and couples therapy.

Payment: In network status with most insurance companies, including Medicaid and Medicare.

Counseling Associates of Door County
312 North 5th Avenue
Sturgeon Bay, WI 54235
920-743-9554
1-800-731-9999
www.counselingofdoor.com
cadc@dcwis.com

Certified Mental Health and AODA Outpatient Clinic offering: Individual and Family Therapy, Parent-Child Relationships, Group Therapy, Psychological Evals & Consultations, Industrial Employer Consultations, Program Development and Implementation & Relaxation Training, Stress Management, Children & Adolescent Services, Marriage Counseling, and Co-Parent Counseling.

Payment: We will bill your insurance; most services are covered by your medical insurance. We accept cash, check, Visa and Master Card.

American Foundation of Counseling Services, Inc.
1061 West Mason Street
Green Bay, WI 54301
920-437-8256
<https://foundationsgb.org>

Quality mental health counseling and community educational services. Our focus is in seeking solutions which integrate emotional, physical and spiritual strengths. Foundations commits to providing quality services to all clients, including those who are uninsured or under-insured. Our agency is one of only a few providers in the community who accept Medicare, Wisconsin Medicaid and offers payment assistance.

Aurora Behavioral Health
1881 Chicago Street
DePere, WI 54115
920-403-8000

Aurora Behavioral Health
1160 Kepler Drive
Green Bay, WI 54311
920-288-5630

Psychologists, psychiatrists and psychotherapists have successfully treated most behavioral health problems, including: attention deficit hyperactivity disorder (ADHD); anxiety; child and adolescent issues; depression; eating disorders; family issues; grief and substance abuse. Experienced clinical staff provides outpatient services to all ages, including children, adolescents, adults, couples and families.

Bellin Health—Algoma
831 Parker Avenue
Algoma, WI 54201
920-487-3676

Bellin Health Psychiatric Center
1630 Commanche Avenue, Ste 201
Green Bay, WI 54313
920-430-4700

Bellin Psychiatric Center
301 East Saint Joseph Street
Green Bay, WI 54305
920-433-6073

Riverside Psychiatric
1325 Angel's Path
DePere, WI 54115
920-338-2855

Experienced mental health professionals skilled at helping children, adolescents, and adults. Bellin Psychiatric Center is the premier provider of behavioral health services in Northeast Wisconsin. The center offers inpatient services at its main facility, located in Green Bay. In addition, experienced professionals with Bellin Psychiatric Center provide mental health assessments; crisis management; individual, couples, and family therapy; substance abuse services; and employee assistance program services at a number of locations.

Spectrum Behavioral Health, LLC
1496 Bellevue Street, Ste 101
Green Bay, WI 54311
920-784-2644
www.spectrumbh.com

Innovative Counseling
1499 6th Street
Green Bay, WI 54301
920-497-6161
<http://www.innovativecounseling.com>

Dynamic Family Solutions
One East Waldo Boulevard, Ste 3
Manitowoc, WI 54220
920-323-7431

Dynamic Family Solutions
3021 Holmgren Way
Green Bay, WI 54304
920-323-7431

Dynamic Family Solutions
101 North 4th Avenue
Sturgeon Bay, WI 54235
920-323-7431

www.dynamicfamilysolutions.com

Family Services of Northeast Wisconsin
300 Crooks Street
Green Bay, WI 54305
920-436-6800
<http://www.familyservicesnew.org>

A non-profit human services agency that protects, heals and cares for the children and families of Northeast Wisconsin. Services include counseling/treatment services, crisis services and at-risk youth programs.

HFM Behavioral Health
339 Reed Avenue
Manitowoc, WI 54220
920-320-8600

The Holy Family Memorial behavioral health experts utilize a patient-centered and holistic approach to treat a variety of psychiatric disorders. Individual, family and group counseling services provided.

Phoenix Behavioral Health Services, LLC
3120 Memorial Drive
Two Rivers, WI 54241
920-657-1780

<https://phoenixbhc.com>

Our staff provides psychology, marriage & family, and other counseling services to help individuals and families with a variety of concerns including behavioral challenges, relationship struggles, depression, and anxiety.

**Prevea Behavioral Care
1715 Dousman Street
Green Bay, WI 54303
920-272-1200**

**Prevea Behavioral Care
3021 Voyager Drive
Green Bay, WI 54311
920-272-1200**

**Prevea Behavioral Care
2860 Monroe Road
DePere, WI 54115
920-272-1200**

**Prevea Behavioral Care
2793 Lineville Road
Green Bay, WI 54313
920-272-1200**

A state-certified outpatient behavioral health clinic you'll find access to the tools you need to cope with emotional, behavioral and relationship problems. Psychiatric assessment and medication management is available for children and adults. Individual, couple, group and family therapies are also available.

<https://www.prevea.com/Medical-Service/Behavioral-Care>

Crisis Intervention

**Kewaunee County Behavioral Health Unit
810 Lincoln Street
Kewaunee, WI 54216
920-388-7030
920-255-1645 (24/7) - Crisis**

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Payment: Private insurance, Medicaid and Medicare. Services offered on a sliding fee scale for those without health insurance which is based on family size and income.

Domestic Violence Advocacy

Violence Intervention Project

1405 Division Street

Algoma, WI 54201

Office Phone: 920-487-2111

24-hour Crisis Line: 920-837-2424 (call or text)

Toll Free: 1-877-847-3223 (Spanish speaking services are available)

**Office Hours: M-F 9:00-4:00 or
by appointment**

Violence Intervention Project, Inc. creates change by offering help, building hope and supporting families and communities. Our vision is that all people are believed, respected and safe. At VIP we honor survivors through empowerment, nurture through supportive services and choice, respect the dignity of everyone, value diversity and welcome all, create change through education and embrace our community and their support. We believe no one deserves to be physically, emotionally, or sexually abused. VIP provides safety and supportive service to men, women and children affected by domestic violence and sexual assault in Kewaunee County in an empowering environment.

Hearing Impaired

Office for the Deaf and Hard of Hearing Northeastern Region:

Vacant

17 Park Place, Suite 175

Appleton, WI 54914

920-659-7317

Textnet/tty/relay: 1-888-241-9430

www.dhs.wisconsin.gov/odhh

Hollie Barnes-Spink, Director

1 West Wilson Street, Room 558

Madison, WI 53707

608-247-5343

Videophone: 608-284-8224

Dhs.wisconsin.gov/odhh

Starkey Hearing Foundation

1-800-328-8602

hearnow@starkeyfoundation.org

www.starkeyhearingfoundation.org

This is a national non-profit program committed to assisting deaf and hard of hearing persons with limited financial resources who permanently reside within the United States.

Wisconsin Lions Foundation Hearing Program**1-877-463-6953****wlf@wlf.info****<http://www.wlf.info/>**

This program is dedicated to providing help to residents of Wisconsin that have impaired hearing, but cannot afford to purchase hearing aids.

Hand N' Hand of Northeastern Wisconsin**Jennifer Geiken****920-737-0477****jlgeiken@hnhnew.org****<http://hnhnew.org>**

Hand-N-Hand is a nonprofit organization that supports and provides resources to families whose young children have been diagnosed with any type of hearing difference. Hand-N-Hand programs provide opportunities to connect in a natural environment that promotes language, early literacy, and social & emotional development. Hand-N-Hand also helps families identify and access services throughout Wisconsin.

Hispanic Resources**Hispanic Resource Center of Door and Kewaunee Counties, Inc.****1618 Texas Place****Sturgeon Bay, WI 54235****Imelda Delchambre****Executive Director****920-559-1878**

LGBT Mental Health

PFLAG Door County
(Parent, Families, Friends of Lesbian and Gays)
PO Box 213
Sturgeon Bay, WI 54235
920-421-8815
www.pflagdoorcounty.org
pflagsturgeonbay@gmail.com

Services provided: Group discussion, 24-hour phone service to communicate with P.F.L.A.G. Member. Recommendation to other agency for help. Our members are not trained counselors just a family member or a gay person themselves. Monthly newsletter. Monthly meeting held 3rd Sunday of the month at 5:00 to 6:30 pm at the Hope Church, 12th and Michigan Street, Sturgeon Bay, WI.

PFLAG Northern Door meets the second Thursday of the month (September through May) at 6:00 pm at The Unitarian Universalist Fellowship located between Ephraim and Sister Bay, just south of the Shops of the Green Gables.

Introduction, period of discussion of open topics, training by professional, support of those with questions.

Serving Parents, Families and Friends of Gay and Lesbians. All age groups, Gays, Lesbians, Bi, Transgender, and Questioning.

Payment: Membership dues \$20.00 per household, but not required to attend meetings. Donations accepted at the address above.

10 TOOLS TO LIVE YOUR LIFE WELL

- 1. Connect with others**
- 2. Stay positive**
- 3. Get physically active**
- 4. Help others**
- 5. Get enough sleep**
- 6. Create joy and satisfaction**
- 7. Eat well**
- 8. Take care of your spirit**
- 9. Deal better with hard times**
- 10. Get professional help if you need it**

(Mental Health America)

Marital/Family Therapy

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<https://www.prevea.com/Medical-Service/Behavioral-Care>

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Mental Health Counseling

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Green Bay, WI 54311
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2793 Lineville Road
Green Bay, WI 54313
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<https://www.prevea.com/Medical-Service/Behavioral-Care>

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Mental Health Social Support

**JAK's Place a program of Lakeshore CAP, Inc.
1623 Rhode Island Street
Sturgeon Bay, WI 54235
Phone: 920-818-0525
Fax: 920-818-0435
<https://lakeshorecap.org/jaks-place/>**

Jaks' Place is a mental health resource center providing structured and social programming to those affected by mental illnesses and their family members in need of support and information.

**NAMI Door County, Inc.
PO Box 273
Sturgeon Bay, WI 54235
920-743-6162**

Support groups, social support, group meal, lending library, information and referral, art group, activities, yoga, Tai Chi, Mental Health Resource Center.

Serving all ages: all persons affected by mental illness.

Payment: No cost, donations are welcome.

**National Alliance on Mental Illness
4233 West Beltline Highway
Madison, WI 53711
608-268-6000
800-236-2988
www.namiwisconsin.org**

The mission of NAMI Wisconsin is to improve the quality of life on people affected by mental illnesses and to promote recovery. NAMI of Wisconsin will accomplish its mission through the following:

- Establishing local Affiliates in keeping with NAMI National's principals and guidelines.
- Supporting Affiliates by providing follow-up advice and counsel; educational and training programs and materials; access to financial resources as appropriate; and by offering conferences, seminars, and presentations.
- Advocating at all levels of government and throughout the public sector.
- Promoting public education and understanding of mental illnesses.

**Text “HOPELINE” to
741741**

Text “HOPELINE” to 741741. For Spanish, text “APOYO” to 839863. Though not therapy, we offer no-judgment support, hope, empathy, reassurance, understanding, resources. A free service by Center for Suicide Awareness.

The Center Suicide Awareness is addressing the issue of suicide in teens and young adults through a program that is SMS text message-based service.

*Contact Us
Center for Suicide Awareness
(in the Nicolet Center)
109 E. 8th Street, Suite 31
Kaukauna, WI 54130
920-475-4748*

Sexual Assault Advocacy

Violence Intervention Project

1405 Division Street

Algoma, WI 54201

Office Phone: 920-487-2111

Office Hours: M-F, 9:00 am—4:00 pm or by appointment

24-hour Crisis Line: 920-837-2424 (call or text)

Toll Free: 1-877-847-3223

Spanish speaking services are available

Violence Intervention Project, Inc. creates change by offering help, building hope and supporting families and communities. Our vision is that all people are believed, respected and safe. At VIP we honor survivors through empowerment, nurture through supportive services and choice, respect the dignity of everyone, value diversity and welcome all, create change through education and embrace our community and their support. We believe no one deserves to be physically, emotionally, or sexually abused. VIP provides safety and supportive service to men, women and children affected by domestic violence and sexual assault in Kewaunee County in an empowering environment.

Substance-Abuse Services

Kewaunee County Behavioral Health Unit

810 Lincoln Street

Kewaunee, WI 54216

920-388-7030

920-255-1645 (24/7)

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Payment: Private insurance, Medicaid and Medicare. Services offered on a sliding fee scale for those without health insurance which is based on family size and income.

Alcoholics Anonymous Hotline for Door and Kewaunee Counties
<https://www.doorcountyaa.org>

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership' we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. There are numerous free, local meetings.

Narcotics Anonymous Support Hotline
North East WI Area of Narcotics Anonymous
(NEWNA)
PO Box 10035
Green Bay, WI 54301
866-285-7830
wrso@wisconsinna.org
www.wisconsinna.org

Veteran's Services

Veterans Service Office
810 Lincoln Street
Kewaunee, WI 54216
920-388-7198

Although a Kewaunee County Department, this office provides services and access to benefits primarily administered by the U.S. Department of Veterans Affairs and the Wisconsin Department of Veterans Affairs. Services offered include: Readjustment Counseling, Posttraumatic Stress Disorder Counseling, AODA Counseling and Referral, Job Counseling and Referral, Bereavement Counseling, Sexual Trauma/ Harassment Counseling. Some services available locally, some through Green Bay Vet Center.

National Veterans Crisis Line:
1-800-273-8255
National Veterans Foundation Lifeline for Vets:
1-888-777-4443

Websites

Al-Anon Family Groups

<https://al-anon.org>
wso@al.anon.org

Drug Identification Information

<http://www.streetdrugs.org/>

Mental Health America of Wisconsin

<http://www.mhawisconsin.org/>

National Suicide Prevention Hotline/Lifeline

<http://www.suicidepreventionlifeline.org>

National Bullying Prevention Center

<http://www.pacer.org/bullying>

Online Crisis Chat

<http://www.crisischat.org/>

Online Crisis Chat

<https://www.imalive.org/>

Prevent Suicide Wisconsin

<http://www.preventsuicidewi.org/>

Substance Abuse and Mental Health Services Administration

<http://www.SAMHSA.gov>

**Alcoholics Anonymous
District 1
PO Box 632
Green Bay, WI 54305**

**920-432-2600
AA Hot Line**

www.greenbayaa.org

**To access meetings in Northeast
Wisconsin and Upper Michigan
please check the website above.**

**Al-Anon/Alateen Family Groups
Brown, Door and Kewaunee Counties
of Wisconsin
(District 19/Area 61)
24 Hour Information: 920-430-1420
www.afg-grb.org
National Meeting Information:
1-888-425-2666 www.al.anon.org**

Welcome to Al-Anon Family Group!

As a newcomer you may feel that you are here for the alcoholic...that your presence here may teach you how to stop his or her drinking. The truth is, you are here because of the alcoholic and not for the alcoholic. You will soon learn that you did not cause the alcoholic to drink, you cannot control the drinking, nor can you cure the alcoholic. You are here for yourself.

This is your program, it is your recovery from the effects of the disease of alcoholism.

Some thoughts to consider...

- Your loved one or friend has the disease of alcoholism they are a sick person. This often affects their actions and behaviors.
- The first step is *"We admitted we were powerless over alcoholism – that our lives had become unmanageable"*; we believe that is what brought us here.
- Try at least six meetings before deciding whether Al-Anon is for you. Don't expect too much too soon. It took a long time to need these meetings.
- Keep an OPEN mind. Take what you like from the meetings and leave the rest.
- Anything said at a meeting is confidential.
- We will protect your anonymity and ask that you protect ours.

- We have found the following enables us to work the program:

Read as much as you can about alcoholism.

Go to meetings.

Call people on the phone list.

Develop a trusting relationship with a sponsor.

- Al-Anon is a spiritual program not a religious one. High Power for many is God, but need not be.
- During the meeting, please feel free to share if you are comfortable, or you may "PASS" and just listen.
- At the end of the meeting, we share hugs. You may choose to accept them or not.

If you have any questions, please feel free to talk with someone after the meeting or call someone on the phone-list available at the meeting.

Meeting Schedule

Sunday

6:30 pm Libertas (Ring bell)
1701 Dousman Street,
Green Bay

7:00 pm Alleluia Lutheran Church
6725 Elmro Road, Greenleaf

Monday

8:00 pm Brown County Mental Health
Center, 3150 Gershwin Drive,
Green Bay

Tuesday

7:30 pm Fish Creek, WI
(Private Residence)
Call: 920-868-3874

Wednesday

10:00 am Libertas
1701 Dousman Street,
Green Bay

1:00 pm 218 Club
218 South Oneida Street,
Green Bay

Thursday

7:30 pm Bellin Psychiatric Center
301 East Saint Joseph Street,
Green Bay

Friday

6:30 pm Jackie Nitsche Center
(2nd floor)
630 Cherry Street, Green Bay

Saturday

8:00 am St. Edward & Isidore Church
3667 Flintville Road, Suamico

9:00 am Pilgrim Congregational Church
(East end of building)
999 Pilgrim Way, Green Bay

9:00 am Bayview Lutheran Church
340 West Maple Street
Sturgeon Bay

10:00 am Lamperts Lumber Yard
RR1 Box 209
Townline Road,
Washington Island

10:30 am 218 Club
218 South Oneida Street,
Green Bay

Local Support Groups

Heroin Anonymous—God Shot Group

Open Meeting on Saturdays @ 2:00 pm

Calvary Assembly of God

916 Feld Street, Algoma

Contact: Jerry Haegele 920-217-5227

My Time Support Group

St. John's Lutheran Church

700 Heritage Road, Luxemburg

Tuesdays @ 7:00 pm

(A support group for parents, spouses, adult
children and friends of loved ones with addic-
tion and/or mental illness.)

Community Information and Referral

WHEN TO CALL

When you need information and referral regarding community resources such as:

- Utility Assistance
- Housing/Shelter
- Transportation
- Food
- Legal Services
- Health and/or Dental Care
- Financial Support
- Employment
- Education
- Environmental Quality
- Consumer Protection
- Public Assistance
- Mental Health/AODA

Contact Information:

**Dial 2-1-1
From ANY Phone**

Mental Health and Suicide Crisis Lines

WHEN TO CALL

If you are experiencing any of the following and need further support than you currently have:

- Suicidal feeling, thoughts or actions
- Feelings or thoughts that you may harm someone else

Contact Information:

**24-hour Crisis Line
920-255-1645**

**Text
“HOPELINE” to
741741**

Text “HOPELINE” to 741741.
For Spanish, text “APOYO” to
839863.

Though not therapy, we offer
no-judgment support, hope,
empathy, reassurance,
understanding and resources.
A free service by Center for
Suicide Awareness.

SIGNS/SUGGESTIONS

Signs that I am doing okay:

- I can laugh at myself; find my sense of humor
- I feel that life is good; I am grateful
- I have confidence in myself; I am not ashamed or afraid
- I can balance both positive and negative aspects of life
- I can think things through and am in control of my actions, thoughts and feelings
- I make time to see friends; I feel sociable, safe and secure
- I take time to exercise
- I do not feel nervous or anxious; I am curious, interested, not bored
- I am focused; I can concentrate; I am not easily distracted
- I enjoy sound sleep; I like waking up

Early signs that I am not feeling well:

- Changes in sleep habits: fatigue, insomnia or wanting to sleep all the time
- Changes in eating: stop eating or eat compulsively
- More sensitivity to what I see, hear, smell or touch
- Seeing figures, and/or hearing voices
- I stop taking care of myself
- I start believing that people are against me, but know that my thinking is off
- I am bothered by thoughts I cannot get rid of
- I feel like hating myself or others
- I think about getting back into addictive behavior
- I feel more anxious or depressed; I experience more panic
- I get confused or have increased difficulty with memory
- I am more irritable or angry; I disagree with people a lot
- I stop answering the phone or knocks on the door; I do not open my mail

What I can do to help myself:

- Hum, sing, read, lie down and rest, take a nap or talk with friends
- Watch television or a video, go to a movie or listen to music
- Help other people
- Exercise, take a walk or clean a room
- Journal, write a letter or do a hobby
- Take a bath or shower, soak my feet or fix my fingernails
- Let someone know that I am having symptoms and what they are
- Use my mindfulness skills
- Safely release my anger or frustrations
- Use alternatives to harming myself
- Make myself a treat or a good meal
- Pet my dog or cat
- Breathe
- Take time to be by myself
- Call somebody who understands, call a peer support person

Ways others can help me:

- Listen to my story long enough to really hear what I am saying
- Talk to me, encourage and reassure me, show me my successes
- Encourage me to pace or move around, to listen to my music, to draw or paint
- Call my peer support person
- Remind me of my goals, my interest, my connections
- Hold me, breathe with me, help me become aware of what is happening
- Tell me that you want to help, ask me what I am doing the best I can
- Treat me the same as when I am not having problems, take me seriously
- Give me space, leave me alone
- Treat me gently, calmly, slow me down
- Help me communicate my needs to professionals
- If you give me any instructions, make them clear and write them down
- Problem solve with me on concrete things I can do to take care of myself
- Be aware of how the volume of your voice affects me
- Ask me if I have eaten, feed me

What I do not want—What does not help:

- Keep me waiting
- Dismissing, forgetting or ignoring what I tell you
- Asking immediately whether I am a danger to myself or others
- Talking to me
- Touching me
- Not listening to me, making assumptions about what I need
- Telling me what to do or what not to do, nagging me, lecturing me
- Judging me or criticizing me or labeling me
- Trying to control me or threatening me
- Making me sign a safety contract
- Putting me in the hospital
- Taking my choices away, taking my clothes away
- Putting me in restraints
- Overwhelming me or pushing me to do things I am not ready for
- Patronizing or talking down to me

I know I need to get help when:

- There are too many noises and sounds—I cannot focus on what I want to hear
- I am convinced that people are out to get me
- What I see in the mirror is not me
- I talk in ways that do not make sense to others
- It feels like something is crawling on my skin
- I have a plan to hurt myself or others
- I feel out of control
- I cannot stand myself
- I engage in addictive behavior
- I cannot stand how I feel—I have to do something now!

If you have a loved one with a serious mental health condition, there may be times when their behavior creates a danger to themselves or others. For the safety of both your loved one and your family, police intervention may be required. You may expect that your loved one will feel scared or even betrayed by your decision, even though you are ultimately acting for their best good. Sometimes the risk of NOT calling the police is more harmful than the risk of calling. Police officers and County Mental Health workers understand this bigger picture and are there to support you in making the hard choice.

CALL 911

Your safety is as important as your family member's. KEEP YOURSELF SAFE.

STAY CALM—BE PREPARED

If you speak to the Dispatcher in a stressed or frantic way, the police will come into the situation escalated, anticipating the need for a possible rescue. This may result in a more forceful intervention. A better approach from police is for the caller to speak calmly and clearly to the Dispatcher and communicate relevant background and situation information. These guidelines will help you with a script so you will know exactly what to do and say even if you are in a stressful situation with your family member.

EXPLAIN WHY THE PERSON IS IN DANGER

The family member is displaying mental health symptoms and the person's behavior is not typical. Give examples to dispatch: suicidal, aggressive, off of medication, threatening, etc.

KNOW YOUR RIGHTS

If the individual is putting you or himself or herself in danger, the police needs to step in and help. You have the right to ask for help.

KEWAUNEE COUNTY DEPARTMENT OF HUMAN SERVICES

810 Lincoln Street

Kewaunee, WI 54216

Phone: 920-388-7030 Fax: 920-388-7124

Patient Registration

Today's Date: _____ Home Phone # _____ Cell Phone # _____
Patient's Last Name _____ First Name _____ MI _____
Maiden Name _____ Social Security # _____ DOB _____
Sex: M / F Marital Status: Separated Single Married Divorced or Widowed
Primary Language _____ Race/Ethnicity _____
Home Address _____ Apt # _____
City _____ State _____ Zip _____
Occupation _____ Employer _____
Employer Address _____ Employer Phone # _____
Emergency Contact _____ Emergency Phone # Home _____
Emergency Relationship _____ Work _____

If you are under 18 years of age, have a legal guardian or representative payee, please fill out this area:

Father _____ D.O.B. _____ Phone # _____
Mother _____ D.O.B. _____ Phone # _____
Guardian _____ Phone # _____
Representative Payee _____ Phone # _____
Who do you live with? Mother and Father Father Mother Legal Guardian
Other _____ Relationship _____
Student at _____ Grade _____

Referred by _____
Cultural/Spiritual/Religion? Yes or No Explain _____
Are you a Veteran? Yes or No
Are you working with a probation agent? Yes or No If yes, name of agent _____

Please check which of the following services you are interested in:

_____ Mental Health Counseling
_____ Alcohol/Other Drug Abuse Counseling
_____ Psychiatrist (Medications)
_____ Operating While Intoxicated (OWI) - Drivers License# _____
County of Conviction _____

Current Problems or Issues:

Medications:

Medication	Dosage	Time of Day	Prescribing Doctor
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Allergies:

Medication	Adverse Reaction
_____	_____
_____	_____
_____	_____

Name of Primary Physician (if you have one)

Name _____ Address _____
 Phone # _____ Date of Last Visit _____

Name of Dentist (if you have one)

Name _____ Address _____
 Phone # _____ Date of Lat Visit _____

Name of Eye Doctor (if you have one)

Name _____ Address _____
 Phone # _____ Date of Last Visit _____

OPTIONAL:

Name of Spouse _____ Spouse D.O.B. _____
 Spouse's Occupation _____ Spouse's Employer _____

Children:

First Name	Last Name	D.O.B.
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

FINANCIAL/INSURANCE INFORMATION

Date: _____

Facility: KCHS

Patient Information:

Last Name _____ First _____ MI _____ Suffix _____

Address _____ City _____ State _____ Zip _____

Birth Date _____ Social Security # _____ Home Phone # _____

Married _____ Single _____ Divorced _____ Widowed _____ Legally Separated _____

Employer _____ Work Phone # _____

Spouse _____ Date of Birth _____ Social Security # _____

If Child is Under 18:

Family:	Name	Birthdate	Phone	Social Security #
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Father	_____	_____	_____	_____
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Mother	_____	_____	_____	_____
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Stepfather	_____	_____	_____	_____
------------	-------	-------	-------	-------

Stepmother	_____	_____	_____	_____
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Insurance Information (please provide copy of both sides of insurance cards)

Insurance Company Name _____ Phone # _____

Address _____ City _____ State _____ Zip _____

Policyholder: _____ DOB _____ Policy # _____ Group # _____

Employer _____ Phone # _____

Does your insurance require you to see certain providers? Yes _____ No _____

If yes, are we a member of the network covered by your insurance? Yes _____ No _____

Is Prior Authorization required? Yes _____ No _____ Phone # _____

Medical Assistance # _____ Medicare # _____

VA/Champus # _____ Any other insurance? _____
(If yes, present card/information)

If a minor, who has legal custody? _____

FOR OFFICE USE ONLY

Ability to pay benefit (for private payment or balance not paid by insurance or Medicare)

- Gross, household income \$ _____ per month (**copy of most recent paycheck stub(s) required for self, spouse, mother and father**)
- Unearned income \$ _____ per month (**proof required of child support, unemployment, disability, etc.**)
- Number of persons, including self, who live on this income _____ (**self, spouse, children under age 18**)
- Court ordered obligations paid monthly \$ _____ (**proof required of child support, fines, and probation fees**)
- Medical/Dental paid monthly? \$ _____ (**proof required**)

For Office Use Only:

Maximum Monthly Payment from Table \$ _____

Is the family currently being billed for State or County funded service relating to mental hygiene, alcohol and other drug abuse, developmental disabilities, social services, youth corrections services? Yes _____ No _____

FACILITY: Kewaunee County Department of Human Services
810 Lincoln Street, Kewaunee, WI 54226

ACKNOWLEDGEMENT

I, the undersigned, certify that the foregoing information is true, correct and complete. I certify that no facts which should be included have been omitted. I also agree to obtain any additional information necessary to submit for third-party payment and to determine my right to receive a reduced fee for services (Uniform Fee). I authorize any banker, attorney or other persons having information concerning my financial status to release this information to the Kewaunee County Department of Human Services.

ASSIGNMENT OF INSURANCE/MEDICAL ASSISTANCE/MEDICARE BENEFITS

I, the undersigned, authorize payment to the Kewaunee County Department of Human Services of the benefits herein specified and otherwise payable to me (of applicable), but not to exceed the Agency's regular charges for this period of treatment. I understand that if I have not provided full insurance, Medical Assistance, Medicare benefit information, I will be liable for the full cost of the services provided (if applicable).

FOR OFFICE USE ONLY

AGREEMENT TO PAY

I, the undersigned, have been advised by the Kewaunee County Department of Human Services and agree to all responsibilities to pay as follows:

_____ Medicaid Co-pay
_____ \$_____ Personal Liability Amount, maximum per month
(may be based upon the Uniform Fee/sliding fee scale)
_____ No Financial Ability to Pay

AUTHORIZATION FOR RELEASE OF CLIENT INFORMATION

I, the undersigned, authorize any physician, therapist, counselor who provides service to me, to release, a photostat, xerographic or facsimile copy of my complete medical records including psychiatric and psychological evaluations, test reports, social history records, staffing summaries, progress, notes, treatment notes/summaries, medication records, therapy notes, as well as reports received from other agencies to my Insurance Company, Medical Assistance, Medicare Intermediary, the Health Care Financing Administration and its agents, to be used as necessary for the sole purpose of securing payment to the Kewaunee County Department of Human Services. These documents shall be considered as valid as the original. I understand that I have the right to inspect and receive a copy of the material to be disclosed if I request one.

I, the undersigned, understand that this consent is revocable at any time, except to the extent that action has already been taken prior to revocation, and that this consent remains in force until termination of treatment.

(Client Signature—Age 16 or over)

(Date)

(Parent/Legal Guardian Signature)

(Date)



Kewaunee County

Department of Human Services

810 Lincoln Street
Kewaunee, WI 54216
Phone: 920-388-7030
Fax: 920-388-7124

E-Mail: KHSKEW@kewauneeco.org

12/20/2013

Kewaunee County Department of Human Services

OUTPATIENT FEE POLICY PLEASE READ THIS IMPORTANT INFORMATION

EFFECTIVE January 1, 2014, Kewaunee County is changing its fee and consumer payment policies. Consumers will receive a bill for all services rendered. Bills will be sent reflecting ALL types of services received in the past 24 months.

Please be aware that consumers are responsible for payment for all services provided. If an insurance carrier denies payment for any reason, consumers are accountable and responsible for any charges incurred.

In accordance with federal government law changes, Affordable Care Act (ACA), all individuals are required by law to have enrollment in health insurance. The insurance can be employer sponsored, medical assistance, Medicare, individual policy or health exchange insurance policies. Please make sure your insurance covers services through Kewaunee County Human Services Outpatient Clinic before seeking services.

In the rare circumstance you do not have insurance; you will need to meet with finance department staff. We are informing all consumers that Kewaunee County will now refer delinquent accounts to a collection agency who will discuss payment arrangements with you.

Please bring your insurance card with you to each visit and notify our staff of any changes in insurance coverage, employment, address or phone number.

As of 1/1/2014 all deductibles and copayments will be made at the time of your appointment to the front desk staff.

Thank you for your attention to these matters.

PROGRAM AREAS

Adult Protective
Services

Behavioral Health

Child Welfare
Services

Children & Families

Economic Support

Birth-to-Three

Children's Long –
Term Waiver

Elderly & Disabled
Transportation

Providing
equal opportunity
in employment and
services